

AGENDA

FRIDAY, APRIL 12, 2024

7:45 AM – 8:15 AM	Registration   Check-in   Continental Breakfast
8:15 AM - 8:30 AM	Welcome   Opening Remarks Toni Whitaker, MD & Jason Yaun, MD
8:30 AM – 9:45 AM	Keynote Speaker: The Science of HOPE – Healthy Outcomes from Positive Experiences Robert Sege, MD, PhD
9:45 AM – 10:15 AM	Infant Mental Health, Trauma-Informed Care Mindy Kronenberg, PhD
10:15 AM – 10:30 AM	Break
10:30 AM – 11:45 AM	Community Promotion of Child and Family Resilience  Panel Representatives: LENA - University of Memphis, Literacy Mid-South, Neighborhood Christian Center, First 8 Memphis, All Kids Academy, CDC’s Learn the Signs. Act Early. Toni Whitaker, MD Moderator/Panelist
11:45 AM – 12:00 PM	Parent Perspective, LENA – University of Memphis Toni Whitaker, MD; Moderator
12:00 PM – 12:45 PM	Lunch/Networking
12:45 PM – 1:30 PM	TN Department of Health Maternal and Child Health Title V Programs – Assessing and Building Resilience Angela Miller, PhD, MSPH
1:30 PM – 2:00 PM	The Family Resilience Initiative: From ACEs to PCEs Jason Yaun, MD
2:00 PM – 2:15 PM	Break
2:15 PM – 2:45 PM	Youth Mental Health Advocacy and Well-Being Altha Stewart, MD
2:45 PM – 2:55 PM	Closing Remarks/Wrap-up/Adjourn Toni Whitaker, MD and Jason Yaun, MD
2:55 PM –	Optional Self-Guided Tour of the National Civil Rights Museum
Museum Close	

ACTIVITY MEDICAL DIRECTORS

Toni Whitaker, MD, FAAP  
Professor of Pediatrics  
Division Chief of Developmental Pediatrics  
UTHSC and Le Bonheur Children’s Hospital

Jason A. Yaun, MD, FAAP  
Associate Professor of Pediatrics  
Division Chief of Outpatient General Pediatrics  
UTHSC and Le Bonheur Children’s Hospital

REGISTRATION

Space is limited. Register using QR code or online at <https://cenow.uthsc.edu/content/2024-norfleet-forum>  
There is no cost to attend this forum.



ACTIVITY LOCATION

The National Civil Rights Museum  
450 Mulberry Street  
Memphis, TN 38103

PARKING

Free parking is available in the museum’s visitor lot for participants in the forum.  
To enter the visitor lot, turn north onto Mulberry Street from G.E. Patterson Avenue.

CONTACT INFORMATION

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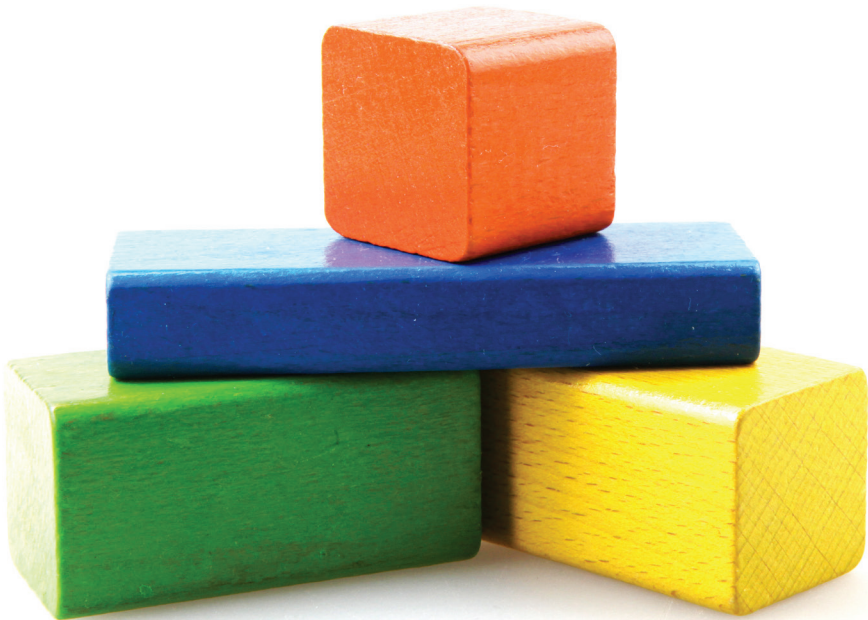


2024 Frank M. Norfleet Forum  
for the Advancement of Health

PROMOTING SAFE AND STABLE RELATIONSHIPS:

The Power of Positive Childhood Experiences  
on Resilience Against Toxic Stress

Department of Pediatrics



FRIDAY, APRIL 12, 2024  
7:45 AM – 2:55 PM

The National Civil Rights Museum  
450 Mulberry Street • Memphis, TN 38103



HEALTHY TENNESSEANS. THRIVING COMMUNITIES.



## OVERVIEW

The Frank M. Norfleet Forum for the Advancement of Health was established at UTHSC in 1979 through a designated fund within the Community Foundation of Greater Memphis. The mission of the Norfleet Forum is to focus on the improvement of the health status of the citizens who reside in Memphis/ Shelby County, the State of Tennessee, the nation, and the world, through concern for effective health policies and organization. The 2024 Norfleet Forum focuses on promoting safe and stable relationships – the power of positive childhood experiences on resilience against toxic stress for the betterment of our community and improved patient outcomes.

## EDUCATIONAL OBJECTIVES

- Identify the signs of Adverse Childhood Experiences (ACEs) and how cumulative toxic stress and the resultant physiologic responses can be long-lasting to the child, family, and others.
- Define and recognize the types of traumatic events that result in childhood toxic stress and overwhelm a child’s or adolescent’s ability to cope.
- Describe evidence-based approaches, such as trauma-focused cognitive behavioral therapies to address child traumatic stress.

## DESIRED OUTCOME

The goal of the 2024 Norfleet Forum is to convene a group of local and nationally renowned experts to discuss the various methods and strategies that healthcare professionals can implement in their daily practice to address and improve the social determinants that affect a child’s health and behavior. The forum’s format is designed to provide interactive educational activities that enhance knowledge and allow participants to discuss evidence-based data related to adverse childhood experiences (ACEs). Panel discussions, along with question-and-answer sessions that include collaborative sharing of information and research, as well as networking with other healthcare professionals have shown to improve participant knowledge and competency.

## TARGET AUDIENCE

Physicians, Community Healthcare Providers, Nurses, Nurse Practitioners, Fellows, Residents, Medical Students, Social Workers, Child Psychiatrists / Psychologists, and anyone who works with children and their families

## KEYNOTE SPEAKER



### Robert Sege, MD, PhD, FAAP

Director, Center for Community-Engaged Medicine  
Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute  
Professor, Tufts University School of Medicine

*Robert Sege, MD, PhD, FAAP is a pediatrician and director of the Center for Community-Engaged Medicine at Tufts Medical Center, and a Professor of Medicine and Pediatrics at Tufts University School of Medicine. Dr. Sege is nationally known for his research on effective health systems approaches that directly address the social determinants of health. He has served on the AAP Committee on Child Abuse and Neglect and on the AAP Council on Injury, Violence, and Poison Prevention.*

## UTHSC FACULTY AND GUEST SPEAKERS

### Mindy Kronenberg, PhD

Clinical Psychologist  
Trainer in Child Parent Psychotherapy and Psychological First Aid

### Angela Miller, PhD, MSPH

Deputy Director for Child Health  
Division of Family Health and Wellness  
Tennessee Department of Health

### Altha J. Stewart, MD

Senior Associate Dean for Community Health Engagement at UTHSC  
Associate Professor and Chief of Social/Community Psychiatry  
Director, Center for Youth Advocacy and Well-Being at UTHSC

## DISCLOSURE STATEMENT

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essentials and Standards, all parties involved in content development are required to disclose any real or apparent conflicts of interest relating to the topics of this educational activity. The University of Tennessee College of Medicine has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off label use will be disclosed to the audience prior to the activity.

### 5 CME / CEU credits provided



ACCME  
ACCREDITED

### AMA Credit Designation:

The University of Tennessee College of Medicine (UTCOM) designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Continuing Education for Non-Physicians:

The UTCOM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

### Accreditation:

The UTCOM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.